

APEX

DELEGATE TRAINING

7-9 August 2018

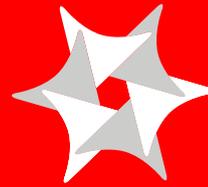
LEADERSHIP

Novotel Auckland Airport



Tuesday 7 August

DAY ONE



LEADERSHIP

09:30..... **OFFICIAL WELCOME AND INTRODUCTION**
Dr Deborah Powell

09:45..... **CONFERENCE OPENING ADDRESS**
Hon Dr David Clark, Minister of Health

10:15..... **DOES LEADERSHIP STYLE MATTER?**
Dr Derek Wright, Interim CEO Waikato DHB

11:15..... Morning tea

11:30..... **WHAT DOES LEADERSHIP MEAN TO US?**
Delegate Presentations:
Sally Raymond, *Social Worker, Northland DHB*
Nikki Laker, *Physiotherapist, Waikato DHB*
Debbie Cragg, *MRT, Southern DHB*
Bev Jellyman, *MRT, Northland DHB*

12:45..... Lunch

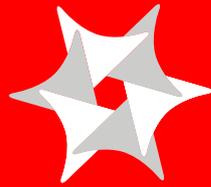
13:45..... **HOW TO DEVELOP LEADERSHIP AMONG AST**
Martin Chadwick, Executive Director of Allied Health

14:45..... **DEVELOPING LEADERSHIP: AST PRACTITIONERS**
Leadership panel and group work

16:00..... Break

16:15..... **APEX ANNUAL GENERAL MEETING**
All APEX members welcome

17:30..... Day one finishes



Wednesday 8 August

DAY TWO

08:30..... DAY TWO BEGINS

Welcome and Housekeeping

08:45..... TECHNOLOGY CHALLENGES & OPPORTUNITIES

Stella Ward, AST Director

09:50..... FATIGUE, SHIFT WORK, ON CALL

Dr Philippa Gander, Sleep | Wake Research Centre

11:05..... Morning Tea

11:30..... DELEGATES LEADING CHANGE

New delegates session:

*The role of the delegate
Delegate rights
How to get help*

For the old hands:

*Preparing for bargaining
Preparing for meetings (eg, disciplinary)
Complaints
Dealing with difficult employers*

12:30..... Lunch

13:30..... DELEGATES LEADING CHANGE cont'd...

14:30..... INDUSTRIAL TRENDS

Pay Equity | Fair Pay | ERA | Holidays Act

15:30..... Afternoon Tea

15:45..... INDUSTRIAL TRENDS cont'd...

17:00..... FREE TIME

19:00..... CONFERENCE DINNER

Theme: Come as a famous/infamous leader or dressed as your star sign!

Thursday 9 August

DAY THREE



LEADERSHIP

09:00..... **DAY THREE BEGINS**
Welcome and Housekeeping

09:15..... **OCCUPATIONAL GROUP SESSIONS**
Break-out time for each division

10:00..... Morning Tea

10:30..... **AST ADDING VALUE IN PRIMARY CARE**

11:30..... **CARING FOR NO. 1**
Dr Deborah Powell, APEX National Secretary

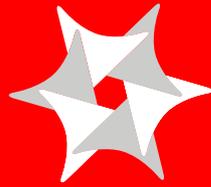
12:30..... Lunch

13:30..... **“ASK ME ANYTHING”**
A favourite session for delegates, where you can ask (almost) anything of APEX staff

14:30..... **CONFERENCE CLOSING**
Dr Deborah Powell

15:00..... Afternoon Tea

APEX Delegate Conference 2018



Delegate Training SPEAKER PROFILES



Dr David Clark

Hon David Clark was first elected as the Labour Member of Parliament for Dunedin North in 2011. He came to Parliament via a circuitous route – having run a University of Otago residential College, worked as a Presbyterian Minister, and worked as a Treasury analyst. One of the key reasons David stood for Parliament was because he was concerned about the growing gap between rich and poor, which he sees as limiting New Zealand's social and economic potential. He believes we can, and must, achieve a fairer society where everyone has an

opportunity to succeed. David has twice lived in Germany and is a former competitive cyclist and Ironman. He is married with three children.

Derek Wright

Derek Wright is the interim chief executive for Waikato DHB. Mr Wright has worked for the DHB since February 2016. He has many years of experience in the mental health sector in the UK, NZ and Australia including general manager Mental Health Services with Waitemata DHB and as a director of Mental Health Operations in South Australia. He also has experience in managing general health services. He was the general manager for North Shore Hospital at Waitemata DHB for four years and during his time in South Australia he spent time as the acting executive director of Operations, in this role he had responsibility for all the general hospitals in South Australia.



Delegate Training

SPEAKER PROFILES



Dr Philippa Gander

Philippa is the Director of the Sleep/Wake Research Centre at Massey University. Her original research training was in chronobiology (PhD University of Auckland, 1980). After a Senior Fulbright Fellowship at Harvard Medical School (1980-1982), she joined the Fatigue Countermeasures Program at NASA, returning to New Zealand to establish the Sleep/Wake Research Centre in 1998. Philippa has a particular interest in integrating scientific knowledge with sector expertise to improve the management of sleep, fatigue and shift work in a range of industries including healthcare, and has received multiple national and international awards for her work in this area.



Presentation Abstract

Workplace fatigue is defined as impairment caused by sleep loss, being awake longer than about 16 hours, working and sleeping at suboptimal times in the circadian body clock cycle, and workload, which together reduce a person's capacity to work safely and efficiently. Fatigue is inevitable in any 24/7 workplace because of our innate preference for sleep at night, driven by the circadian pacemaker in the hypothalamus. The Health and Safety at Work Act (HSAW 2015) identifies fatigue as a cause of hazards and Worksafe guidance addresses shift work as a cause of fatigue. Thus, AST workers and DHBs have a shared responsibility to manage the hazards associated with fatigue and shift work. New fatigue risk management approaches include rostering but also have a broader focus on processes that monitor fatigue levels, identify hazards, assess risk, and mitigate risk. Ongoing monitoring closes this process loop. The presentation will summarise the challenges created by fatigue and shift work and propose organisational and personal approaches for reducing their impact. Building from our 2003-2004 nationwide survey, it will cover new science and advances in safety management that can improve AST health, safety, and wellbeing and better meet the shared responsibilities of the HSAW.



Delegate Training

SPEAKER PROFILES



Stella Ward

Stella has been the inaugural Executive Director Allied Health for Canterbury DHB and also the West Coast DHB. This role provides strategic leadership and professional support for allied health, technical and scientific clinical staff in hospitals and community services. As part of the Executive management team Stella has worked in partnership with the Executive Director of Nursing and Chief Medical Officer to provide advice to the Board and management on clinical governance and clinical standards.

Stella trained as a speech language therapist and has worked in the public health system, private practice, education and welfare. Since moving to Allied Health leadership roles Stella has been involved in fostering excellence in clinical standards, research and innovation, quality and patient safety.

Stella is also the inaugural Chief Digital Officer for the Canterbury DHB and the West Coast DHB. This role provides strategic leadership and governance to ensure current and future technology contributes to the transalpine vision of an integrated health system – “One System, One Budget”.

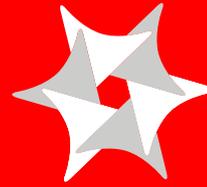
Stella also has a number of Executive Portfolios that include the Christchurch Health Precinct and Health Innovation (Via Innovations Executive Director). She is the commercial relationship manager for the Strategic Partnerships with Orion Health; Hewlett Packard and GE Healthcare.

Stella is also a member of the Hewlett Packard Enterprise Global Advisory Board. She believes it is essential in health leadership to have a global view and is always delighted to have the opportunity to meet with and share learning with, health and related industry leaders all over the world.

Contact: stella.ward@cdhb.health.nz

Delegate Training

SPEAKER PROFILES



LEADERSHIP

Dr Deborah Powell

Deborah is the National Secretary of APEX and the NZRDA. Having completed a BSc in biochemistry and zoology (genetics) she attended medical school graduating as a doctor in 1986. Along the way she has also acquired qualifications in industrial relations. Never happy to "toe the line", she quickly identified the benefits for patients derived from helping those that care for them. As a result Deborah became a strong advocate for employees in the healthcare system. Deborah is an expert at negotiation and dispute resolution: she has negotiated over 200 employment agreements. She is also an expert in physiological (fatigue) and psychological (bullying) Health and Safety issues, workforce and adaptive change management. Deborah now leads an extremely competent team of employee advocates who care deeply about the people they serve.



Martin Chadwick

Martin Chadwick is of Director Allied Health at Bay of Plenty DHB. He has over 20 years of health experience in a range of roles in both the USA and NZ and has filled a variety of clinical, managerial and strategic leadership roles. He has published on the use of the unregistered workforce and the models of care that can best use this workforce, and has completed post graduate research looking at developing normative models for service delivery in allied health and is currently completing his doctorate examining workforce change. He is passionate about the untapped potential that allied health professions can bring in improving

the quality of care provided to our populations. Other areas of interest in healthcare centre around the concepts of capacity and production planning to ensure that health services maintain the capacity to meet demand for services.



APEX Delegate Conference 2018



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LEADERSHIP

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